



TRINITY E. C. CHURCH
250 SWINEHART ROAD
BOYERTOWN PA 19512

NON-PROFIT
U.S. POSTAGE PAID
BOYERTOWN, PA
PERMIT NO. 35

TRINITY E C CHURCH
250 SWINEHART RD
BOYERTOWN PA 19512
610-369-1507
www.boyertownec.org



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CORNERSTONE PRESCHOOL
610-369-9641

WEEKLY SCHEDULE

LORD'S DAY

**Morning Worship.....8:00 A.M., 9:15 AM and 10:45 AM
* Sunday School..... 9:15 A.M and 10:45 AM

WEDNESDAY EVENING

Adult Prayer Meeting 7:00 PM
GAK 6:15 – 7:30 PM

SUNDAY EVENINGS

Youth Group.....(check sign-up sheets for times of events)

*A staffed nursery is conducted for each of these services

**A staffed nursery is conducted for the 9:15 and 10:45 services for children to age two.

Financial Picture: MISSIONS

OCTOBER, 2011

Balance 9/30/11	\$6,919.57
Receipts	8,502.28
Balance & receipts	\$15,421.85

Checks written:

Back to Back Ministries	100.00
Light of Life Missions – Oct. Support	200.00
Pottstown Bible Church – Oct. Support	200.00
Bank Fee	2.00
E.C. Church – Nov. Support	7,190.00
TOTAL Checks written:	\$7,692.00
Balance as of 10/31/11	\$7,729.85



NOVEMBER, 2011

Balance 10/31/11	\$7,729.85
Receipts	10,044.21
Balance & receipts	\$17,774.06

Checks written:

Back to Back Ministries	100.00
Light of Life Missions – Nov. Support	200.00
Pottstown Bible Church – Nov. Support	200.00
Randy Sizemore – Guest Speaker	300.00
Joe & Wendy Toy – Gift	50.00
David Roof – Gift	50.00
Kitty Miller – Gift	50.00
Raymond & Mary Lynn Wills – Gift	50.00
Robert & Bettina Schaeffer – Gift	50.00
Kurt & Nancy Graff – Gift	50.00
Dan & Melinda Moury – Gift	50.00
Jeremy & Kristen Kunkel – Gift	50.00
Kitty Miller – Missions Speaker	125.00
E.C.Church – Dec. support	9,145.00
TOTAL Checks written:	\$10,470.00
Balance as of 9/30/11	\$7,304.06



OCTOBER/NOVEMBER STATISTICAL REPORT:

Attendance:

Membership total	373	373
A.M Worship average	394	438
Sunday School average	167	163

Finances:

Total giving	\$65,839.36	\$60,682.71
Weekly need to meet Budget	\$12,844.00	\$12,844.00
Average Weekly Giving	\$13,167.87	\$15,170.68



Staying Healthy with your Health Ministry

“Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God which transcends all understanding will guard your hearts and your minds in Christ Jesus.”

Philippians 4:6, 7

Happy New Year to all! As we embark on 2012 some things never change: we still make our #1 New Year's Resolution - Lose weight and exercise. Our heads make that decision without consulting the emotional part of our bodies. Paul was trying to express this very thing in his letter to the Philippians. “Do NOT be anxious about anything” What part is anxiety and stress playing in our inability to be successful at obtaining our #1 resolution? Are we even aware that we are eating due to stress or emotional unrest?

Science Daily (Dec. 7, 2011) — Many dread gaining weight during the holiday season, but there may be hope for those who find that stress causes them to reach for yet another helping of holiday goodies. Most behavioral weight loss interventions do not aim to reduce psychological stress as a primary goal, if at all, and stress may be one factor contributing to the modest success of long-term weight loss maintenance. Furthermore, most interventions focus on weight loss rather than on reduction of abdominal adiposity (fat). To a greater degree than fat that lies just under the skin, this deep abdominal fat is associated with an elevated risk for developing heart disease or diabetes. Despite evidence linking stress to overeating and abdominal fat accumulation, individuals who are identified as “emotional eaters” are more vulnerable to weight gain compared to non-emotional eaters, and they may regain more weight after successful weight loss through either diet and exercise or bariatric surgery.

In a study by UCSF researchers published online in the Journal of Obesity, mastering simple mindful eating and stress-reduction techniques helped prevent weight gain even without dieting. What are these “new” mindful eating techniques? Paul had the answers all along, meditation, prayer, finding hope and peace in God and letting Him help us with “all things”.

Mindful training includes learning stress reduction techniques and how to be more aware of eating by recognizing bodily sensations -- including hunger, fullness and taste satisfaction, recognizing that you may be thirsty and not hungry, attending a meditation retreat, setting aside 30 minutes daily for meditation exercises, and to practice mindful eating during meals. “You're training the mind to notice, but to not automatically react based on habitual patterns -- to not reach for a candy bar in response to feeling anger, for example,” said UCSF researcher Jennifer Daubenmier, PhD. “If you can first recognize what you are feeling before you act, you have a greater chance of making a wiser decision.”

So let's start out 2012 with a new #1 goal - memorizing Philippians 4:6,7 and applying it to our lives daily. It's free, will reduce our stress, and will satisfy our hunger.

Jackie Iatesta RN, FNC

THIS & THAT

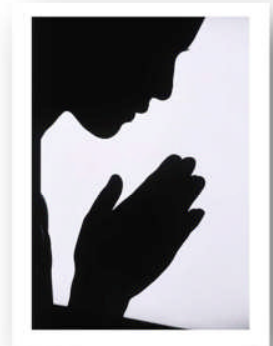
*When the office is not open, prayer chain needs may be called to
Church Office at 610-369-1507 or*

Email needs to trinityprayerchain@boyertownec.org

PRAY FOR ...

Those with SPECIAL NEEDS:

Al Agelwei, Jr.; Della Findley; Betty Geisinger; Lois Gresh; Tom Gresh;
Donnamae Hoffman; Grace Hoffman; Shirley Klee; Earl Leary; Bud Leonard;
Nancy Means, Jean Merkel; Lauren Merkel; Helga Moser; Judy Nagle;
Leanne Rohrbach; Craig Saul; Sandy Seifarth; Roy Sickel; Ron Stauffer;
Harold Weidner; Donna Werner, Nancy Work



Members & Friends SERVING in the ARMED FORCES:



Michael Beck ★ Corey Bernhard ★ Joshua Behler ★ David Cochran
Adam Duvall ★ Antoine Graham, Jr. ★ Micah Gustafson ★ John Haldeman
Adam Iatesta ★ Tyler Jacobs ★ Matthew Kurki ★ Ryan Lapiash
Ezekiel Mack ★ Joshua Mack ★ Nick Mandel ★ Jonathan Martin
Kasey McDaniel ★ Kevin Nicholas ★ Ken Nihart III ★ Tommy Oelschlager
Danny Pereira ★ Justin Rogers ★ Dave Shelton ★ Joseph Stoess
Josh Taylor ★ Ed Tennison ★ Noah Waltenbaugh ★ Kyle Weiser

*Please contact Dan & Jewel Mack (via church mailbox #133 with any
necessary updates/changes.*

Also, remember to pray for the families of those serving.

JANUARY BIRTHDAYS



ALLISON CHRISTMAN	01/02
JOHN LEFFEL	01/02
VALERIA TROUT	01/03
CORINNE MANCINI	01/03
CALLIE GARDNER	01/03
DEBORAH WHITE	01/04
HOLLY KELIUS	01/04
CALEB BOSWELL	01/04
CHRISTOPHER ROBERTS	01/04
KEITH HARTZELL	01/06
CLARENCE LEONARD	01/07
LISA JONES	01/08
RUSSELL COOK	01/09
REBECCA VIOLA	01/09
JOHN BOSLER	01/09
GEORGE SHEELER	01/11
HAROLD BISHE	01/12
JAMES LEIBENSPERGER	01/13
JANICE ROHRBACH	01/13
DANIEL MANCINI	01/13
VERONICA KNEPP	01/13
SANDRA LEFFEL	01/14
COLLEEN HOFFMAN	01/14
FRANK KREMM	01/15
MEGAN KNIER	01/15
BILL MARBERGER	01/16
GERALD KERR	01/17
ERIC EVANS	01/17
CHRISTIE NEIMAN	01/17
SCOTT MESSNER	01/17
CEDRIC MILLER	01/17
KIM ZIEGLER	01/18
JOHN GERANCHER	01/18
KATHY FRIEDLUND	01/18
ROBERT MOCK	01/19
MICHAEL ALLEN	01/19
SCOTT GRUBE	01/19
MARGARET LUFT	01/20
JIM KENNEDY	01/20
JEFF MEANS	01/20
NANCIE MEANS	01/21
BRIAN DEETER	01/22
RUTH YENTSCH	01/23

CHERI LAW	01/23
KAY WETZEL	01/23
KAITLYN KENNEDY	01/24
JIM MAURER	01/24
DEEVENA NIKERLE	01/26
ALEX OBAROW	01/28
EZEKIEL SMITH	01/28
DEBORAH WEISER	01/29
EARL GEIGER JR	01/31
ANDY MAXYMILLIAN	01/31
GRETCHEN ROGERS	01/31
BECKY MINOR	01/31
EZEKIEL MACK	01/31

FEBRUARY BIRTHDAYS



THOMAS WORK	02/01
MARSHA LIPPINCOTT	02/01
BILLY SCHEETZ	02/01
STEPHANIE BECK	02/01
RICHARD GEISS	02/02
ANNA MAE BITLER	02/02
AL HOFFMAN	02/03
WARREN WERNER	02/04
SANDRA CLEMENS	02/04
KAYLEE CHRISTMAN	02/05
ASHLEY MESSNER	02/06
CASEY PELLETIER	02/07
LOIS GRESH	02/08
MATTHEW OBAROW	02/08
JOSHUA HAYDT	02/09
BENJAMIN MINOR	02/09
BRIAN ALLEN	02/10
KIRA ST CLAIR	02/10
GARNETT BOYER	02/11
ROBERT KRUPP	02/11
ADAM KULP	02/12
ANDREW LEFFEL	02/12
MELINDA LEFFEL	02/13
LAUREN HOWELL	02/13
TANNER MILLER	02/13
COLLEEN OSSMAN	02/14
CRAIG SAUL	02/14
SEAN RATH	02/14
JOSHUA OVEREND	02/14
JOHN HAZEL	02/15
JEFF BOYD	02/15
DARRYL DETWEILER	02/16
BILL BOSWELL	02/16
ROBIN KULP	02/16
DONNAMAE HOFFMAN	02/16
LINDA SCHLEGEL	02/16
JAMIE EVANS	02/17
GREGORY RUSLING	02/17

DALTON CRIDER	02/17
LEE MCLAUGHLIN	02/18
ASHLEY STOUT	02/18
JILLIAN LEARY	02/18
WILLIAM T ZIEGLER	02/19
SHAWN HOLZER	02/19
DEB ECONOMOPOULOS	02/20
ERIK DETWEILER	02/20
ELEANOR KUMPF	02/21
GEORGE CLEMENS	02/22
DOROTHY BERNHART	02/22
GEORGE ROGERS	02/22
THOMAS GRESH	02/23
CAROL MORGAN	02/24
LEANNE HOOPES	02/24
JONATHAN LINDSAY	02/24
JACOB KREMM	02/25
AMBER KULP	02/25
MARY LYNN WASCOE	02/25
VANESSA CLEMENS	02/26
DONNA HOLZER	02/26
WADE SMITH	02/27
JAMES ROGGE JR.	02/27
CRAIG LAHR	02/27
RONALD LONG	02/28
MATT BARTHOLOMEW JR	02/28
PAIGE STEIN	02/28

PEEK AT MARCH '12 BIRTHDAYS



CAROL HARNER	03/01
DENNIS FISHER	03/01
HAILEY STUART	03/01
DENISE MILLER	03/03
KEVIN BROWNE	03/04
KATIE MONTANARO	03/05
NICOLE LENKO	03/05

JANUARY ANNIVERSARIES



CHRIS & JENN BURKHARDT 01/11
JOHN & LINDA LEFFEL 01/15
TOM & SUNITA NIKERLE 01/16

EARL & JOYCE LEARY 01/23
CHARLES & GINNY COX 01/25

FEBRUARY ANNIVERSARIES

DENNIS & VICKI KRICZKY 02/03
JOHN & SANDY SEIFARTH 02/04
DON JR & KIM MACE 02/14
DANIEL & JOANNA WEISER 02/22
AL & DONNAMAE HOFFMAN 02/23
WARREN & DONNA WERNER 02/28

Trinity's Cancellation Policy

In the event that services are cancelled due to inclement weather, the cancellation will be made available via:

- Listen to WBYN, 107.5, Sundays every ½ hour between 7:00 and 8:30am for church service cancellations.
- Trinity's website's home page at www.boyertownec.org

If the Boyertown School District cancels school for the day on a Wednesday, evening events will be cancelled also. Other forms of notification of cancellation for Wednesday will be made via:

- Listen to WBYN, 107.5, Wednesdays every hour from 3:30 to 6:30pm for cancellation of Wednesday evening events.
- Trinity's website's home page at: www.boyertownec.org



If possible, a cancellation will be determined no less than one hour prior to the time of the event. In the case of smaller ministry groups who were planning to use the building on their own, it is recommended that a "phone chain" approach be used to inform your participants directly.



The date of the Annual Congregational Meeting

**has been changed to January 29, 2012 beginning
with a Potluck at noon.**

From the Pastor's Pencil



Col 1:15 *"He is the image of the invisible God..."*

A young father had stayed home that Christmas Eve to prepare the house for Christmas. His wife had begged him to come with her and the two boys to the Christmas Eve service that evening, but he had staunchly refused. This Christmas thing was fun and all, but really... really? God would leave everything, give up everything, to reach people who most of the time rejected him? *His* god, if he had one, would be smarter than that. He just couldn't sit and listen to songs and stories telling that "fairy tale."

So, after lighting the candles around the house and warming the cider, the man set his hand to begin a fire in the fireplace which had been dormant for months. Immediately, he noticed something fly out from the fireplace. Presuming it was a dirty, old bat, he ran to the basement for his tennis racket to destroy it. But when he ran back up the stair he noticed that, instead, it was a little sparrow. Thinking better of using his tennis racket, he grabbed his son's butterfly net and began the careful hunt to capture the bird in order to set it free outdoors.

What began as slow and methodical became very quickly fast and frantic, as the bird did everything in his power to escape the man's grasp! As the man rushed from corner to corner, the mess around the room began to pile up. First to fall was the tree and the garland, and then the candle and wax all over the place. After several minutes of clambering in vain to capture the bird, in exhaustion the man collapsed on the couch and lowered his head in frustration.

Finally, when he caught his breath, he looked up at the bird hovering in the corner and said, *"Why won't you let me help you? If only I could become a bird, then maybe I could tell you that I was just trying to help you."* With that the man rose slowly, and gently reached up and took hold of the bird.

After releasing the bird outside, the man returned to the disarray in the living room. In trying to decide where to begin to set things right, his eye came to rest on the open Bible which had fallen to the floor in the flurry of the chase. Carefully picking it up, he sat down and read ...

[Matthew 1:23](#)

*"The virgin will conceive and give birth to a son, and they will call him **Immanuel**" (which means "God with us").*

God with us... the image of the invisible God!

Praise God for Christmas & His presents to us ... that is, His presence WITH us!

Pastor Rick