

# The Sister Connection

1st Quarter, 2012  
Trinity ECC

<http://www.boyertownec.org/sisterconnection.html>

**The mission of *Sister Connection* is connecting women with God, each other and their community. We hope to do this through encouragement, communication and by providing opportunities to help establish meaningful connections.**

## Your Life Is Your Message

**"Those who bring sunshine into the lives of others cannot keep it from themselves"**

A well-lived life can be a powerful force for good in this world. Your actions speak louder than words. What you are, expressed in words and actions, really counts. Your personal integrity and the way you live your life can be a beacon of light in a world where there is great disconnection between what people say and what they do.

When you live in harmony with your deepest values, your life reflects it. There's no need to advertise – people see it without being told. Remember that the way you live your life is your message to the world.

*Write a personal mission statement that outlines your core spiritual values and how you will live out those values with God's help.*

Do you want to be counted wise, to build a reputation for wisdom? Here's what you do: Live well, live wisely, live humbly. It's the way you live, not the way you talk, that counts.  
*James 3:13*

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### SANCTITY OF HUMAN LIFE SUNDAY, JANUARY 22, 2012

#### ***You can make a difference!***

Many women who have unplanned pregnancies feel that they have no other choice but to end their pregnancy by abortion. Without support they feel trapped and alone. Please consider helping by volunteering your time and talents to a local crisis pregnancy cen-

ter, giving financial support, and/or pray for the women running the centers and their clients. God has a plan for the mom and her baby's life . . . ***and you may be part of it.***

Pray for **The March for Life** in

Washington, DC on Monday, January 23, 2012.



# FRESH BREEZES

“I waited patiently for the Lord; he turned to me and heard my cry.”  
*Psalm 40:1 NIV*

We live our daily lives at such a fast pace, we often don't get beyond the most superficial level. We skim through magazines and books. We channel surf the programs on television. We purchase food in a drive-through and eat it on the way to our next destination. We listen to “sound bites” of opinions on the nightly news, and leave thirty-second phone messages on answer-

ing machines. We condense research and opinions into “memo” form.

James Carroll addressed this tendency, writing:

We spend most of our time and energy in a kind of horizontal thinking. We move along the surface of things going from one quick base to another, often with a frenzy that wears us out. We collect data, things, people, ideas “profound experiences,” never penetrating any of them . . . But there are other times.

There are times when we stop. We sit still. We lose ourselves in a pile of leaves or its memory. We listen and breezes from a whole other world begin to whisper.

Perhaps the best thing you can do during your coffee break today is nothing! Shut yourself off from your colleagues. Turn off the ringer on the phone. Stare out the window, and put your mind and heart into neutral.

*Perhaps the best thing you can do during your coffee break today is nothing!*

## GET CONNECTED

**MISSIONS PROJECT PATTERNS FOR KNITTERS, CROCHETERS AND SEWERS** are available in the Missions Opportunities Binder in the “GO” area. If you are interested in making items to give to people in need, take a copy out of the sleeve in the binder and take it home. Directions for returning completed projects are included on the pattern.

**TRINITY'S CIRCLE OF MOMS** group began September 13<sup>th</sup>. Come out and connect, fellowship, be encouraged and chal-

lenged by other moms. We offer childcare for all children and have a special room for homeschoolers. The cost for the year is \$10, which will cover crafts and other small costs. If you're interested in speaking, helping, or would simply like more information, please contact Becky Gardner at 610-323-4258 or [Bsharks26@hotmail.com](mailto:Bsharks26@hotmail.com).

**Ladies Sunday School Bible Study** meets at 10:45 in the youth room Sunday mornings. Women are welcome to join at any time. (A men's group meets at the same

time and childcare is available for all age groups in Sunday School and nursery.) Contact Becky Minor at 610-906-6251 for more information.

**Life-to-Life groups** of two to four women are being formed on an individual basis. If you are interested in a smaller, more intimate mentoring group, contact Kathy Friedlund to be paired with others in a similar life stage. Kathy can be reached at 484-553-7550 or [kathyfriedlund@yahoo.com](mailto:kathyfriedlund@yahoo.com).

## POTTSTOWN BIBLE CHURCH

If you are interested in serving on a team that would make a meal and feed the homeless on the 1st Sunday of every month, please call Marsha Lippincott for details or email her at [mallipp@comcast.net](mailto:mallipp@comcast.net).

If you have items that you would like to donate to PBC, please call Marsha Lippincott to make arrangements for her to get them.

**PBC Needs:** As winter approaches, we need to raise at least \$4,000 for oil to heat the church. We are doing all that we can to insulate the building but it is a very old building. We also need coats, gloves and hats. Finally, finances are at an all-time low as the economy is not doing so well. Please prayerfully give as the Lord leads you to do so. You can donate online if you wish at [www.pottstownbible.org](http://www.pottstownbible.org).



# TRINITY'S TREASURES BY MARTHA BENTLEY

**THE GRAND WEAVER** by Ravi Zacharias

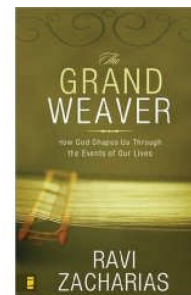
The subtitle of this book is *How God Shapes Us Through the Events of our Lives*. Dr. Zacharias gives countless examples that prove that every event of our lives, joyful or discouraging, is planned and used by God for a specific reason and purpose.

God is interested in shaping our hearts. He allows our experiences

to show us what our hearts are like. The emotions that we feel during our experiences . . . anger, bitterness, envy, jealousy or joy and compassion and gratitude . . . can reveal to us how close we resemble the example of Christ.

Dr. Zacharias proves that our cultural and genetic background, disappointments, our calling, our morality and spirituality all matter to God, and are used by God to bring us to Him. Therefore, as we

reflect on our past history, we should value every aspect of our life as a gift from God, allowing us to be molded into God's intended and perfect creation. This book can be found in Trinity's library.



## WELCOME TO THE YARDENING SPOT

BY MIM MARBERGER

*“January storms of wind and rain bring the bitter ice and snow, yet even while the frosts remain, under the trees the snowdrops grow”*

*~ By David Squire ~*

Place Poinsettias in a sunny window in a cooler area of the house now.

Reduce watering and begin feeding it again in spring.

January is a great time to think about other aspects of the garden. Birds are especially significant in a garden. Besides ridding it of harmful insects and small rodents, birds add a certain charm to any

garden. There is nothing more pleasant than relaxing in your favorite chair and window watching as the birds partake of yummy treats.

### BIRD CAKES

Cornmeal

2 T corn oil

1 cup lard or suet

1 cup peanut butter

1/2 C whole wheat flour

1/2 C crushed eggshells

1 C raisins & sunflower seeds

Mix everything together adding cornmeal until firm. Roll into balls and freeze. Once frozen you can hang them outside as needed.



### A CHEERFUL HEART . . .

A customer was bothering the waiter in a restaurant. First, she asked that the air conditioning be turned up because she was too hot, then she asked it be turned down Cause she was too cold, and so on for about half an hour. Surprisingly, the waiter was very patient, he walked back and forth and never once got angry. So finally, a second customer asked him why he didn't throw out the pest. "Oh, I really don't care or mind," said the waiter with a smile. "We don't even have an air conditioner."

# FROM THE KITCHEN

## Raspberry Delight Salad



1 package of sugar-free Raspberry Jello (3 oz. box)  
 1 package of sugar-free Vanilla pudding (3 oz. box) Do not use Instant  
 2 cups water

In a deep bowl blend together well, the Jello and pudding mix. Add the two cups water and stir until dissolved. Put in microwave and cook until it bubbles. Cool -- then place in refrigerator until almost set. Remove mixture -- add 1 small can crushed pineapple drained well. Add and blend in 1 container of fat free Cool Whip. Scrap sides often. Place in glass dish -- chill for 3 hours before serving.

## BLOOM BEING LADIES OF ONE MIND

Winter Break Breakfast, January 21st from 8:00-9:30am in Fellowship Hall (Babysitting will be available). Ladies with last name A-M bring an egg or main dish, N-R bring pastries, S-Z bring fruit or juices. Sign up at carousel in Connect area.

Next Bloom event is March 30th from 7-8:30pm in Fellowship Hall. Watch for flyers with more information as time gets closer.

Contact Debbie Rogge @ 610-473-2588 or  
 Becky Gardner @ 610-323-4258 for info.

## CIRCLE OF MOMS

**January 21st**—Covered Dish Dinner at 5:00pm in Fellowship Hall.

**February 14th**—Mom’s Group 9:30-11:00am

**March 13th**—Mom’s Group 9:30-11:00am

**April 10th**—Mom’s Group 9:30-11:00am

Contact Becky Gardner @ 610-323-4258 for info.

All events held @ Trinity EC Church unless otherwise noted.

## WIDOW’S WALK = MEETING TIMES 10:00AM—NOON

### February 8, 2012 - **Bring Your Favorite Game\***

\*IF there is a project we could do to help Terry Brynan’s mission in Africa, we would do that instead. We’ve been unable to finalize plans yet.

Bring your own lunch if you want to eat here with us. Same beverages provided as in January.

### March 14, 2012 - **Creating Gifts for Journey 53 Church Plant**

Covering composition books to be used as journals for new believers. Materials will be provided. Scissors may be useful.

Those interested may go out for lunch.

### April 11, 2012 - **Making Soup with Sue Outland**

Ingredients provided. Bring a paring knife to cut vegetables. Containers will be provided for taking soup home – or stay here and enjoy soup for lunch.

### May 9, 2012 - **Possible Visit to Walnut Woods**

We could discuss ideas at the March or April meeting.