

“Then he said to them all:

***‘If anyone would come after me,  
he must deny himself  
and take up his cross daily  
and follow me’.***”

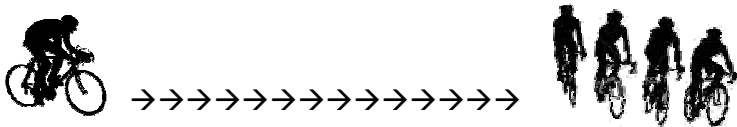


Jesus’ definition of a “disciple”

---

**Notes from the Bike Race...**

- 1.
- 2.
- 3.



**“Take up your cross...” means:**

[L2L@boyertownec.org](mailto:L2L@boyertownec.org)

**EMBRACE THE RACE**  
**LUKE 9:23**

**QUOTES TO CONSIDER...**

C. S. Lewis wrote,

“...God designed the human machine to run on himself. He himself is the fuel our spirits were designed to burn... There is no other.”

(From *Sin and Culture* 08/16/2009 – John Eldredge)

“*Love...descends.*

*Parents love their children more than children can their parents, so that children can only enter into the fullness of the parents’ love by becoming parents themselves.”*

-- Bishop King (quoted in Yancey - Reaching for the Invisible God, p. 234)

*“In a fundamental...paradox,  
the more a person reaches out beyond herself,  
the more she is enriched and deepened,  
and the more she grows in likeness to God.  
On the other hand, the more a person “incurves,”  
to use Luther’s word, the less human she becomes.*

***Our need to give is as great as anyone’s need to receive.”***

(Yancey - Reaching for the Invisible God, p.238)