

Pastor Al Giles

Psalm 77

An Antidote for overcoming distress, discouragement & despair in your life

The psalmist felt:

*rejected
...unfavored
...(that) God's love had vanished
... (that) His promises had "failed"
... His mercy (was) forgotten and His compassion withheld...*" (Psalm 77:7-9)

TURNING POINT:

**I will remember your miracles of long ago.
I will meditate...and consider...all Your mighty deeds.** (vv.11-12)

There is something we can do to _____ our feelings.

Some obstacles:

1. Satan's tendency to point out the _____
2. People around us tending to _____ on the _____
3. Our own reluctance to look at the _____ in the past

I need to REMEMBER His miracles in the past.

For all who are disciples of Jesus, RECALLING:
the miracles and powerful actions of Jesus while He was on earth ultimately, His sacrificial, substitutionary death

Remember

November 28, 2010

For me, considering:

ways God has been faithful to me and my family in the past.

"I will remember the deeds of the Lord: yes, I will remember Your miracles of long ago. I will meditate on all Your works And consider all Your mighty deeds."

REMEMBER.
REMEMBER.
MEDITATE.
CONSIDER.

I encourage you to take some time to sit down with your journal, a notebook or just a sheet of paper, and begin "cataloging" the ways God has "been there" for you so far. Once you start, you may not be able to stop!

Psalm 40:5, 9-10

Many, O LORD my God, are the wonders you have done. The things you planned for us no one can recount to you; were I to speak and tell of them, they would be too many to declare.

**I proclaim righteousness in the great assembly;
I do not seal my lips, as you know, O LORD.
I do not hide your righteousness in my heart;
I speak of your faithfulness and salvation.**

I do not conceal your love and your truth from the great assembly.